

Wednesday 10/4/23 – NSCHSAA Dual Meets at Sunken Meadow

We will leave from SJB after school – meet in the lobby

**Please remember to bring in your Uniform, Training shoes and Spikes**

**Also, bring a snack and water for before your race**

Bus leaves SJB at 3:00pm – get changed in the locker room and meet in the lobby

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**4:50 Boys Vs. Chaminade**

**1.5 Mile Race:**

Del Duca	Theisen	Valente	Mena	Horn	<b>Murphy</b>	<b>Epp</b>
DNR	DNR	10:29	10:11	10:52	<b>10:36 PR</b>	<b>11:11 PR</b>

**2.5 Mile Race:**

Gannon	DeVito	<b>McCreery</b>	SanFilippo	<b>Healy</b>	Reinhold	Donovan
14:39	15:08	<b>16:48 PR</b>	17:28	<b>16:58 PR</b>	DNR	DNR

**Boys Lose - SJB 50 – CH 15**

**Boys Varsity Record is 3 Wins + 2 Losses**

**4:20 Girls Vs. St. Anthony's**

**Freshman 1.5 Mile Race:**

Spruyt	DeLegge	Webber	<b>Marino</b>
DNR	11:19	11:57	<b>11:56 PR</b>

**Varsity 2.5 Mile Race:**

Slattery	Ryan	Hamel	Stewart	<b>Chan</b>		
18:13 PR	19:19	21:04	19:50	<b>20:03 PR</b>		

**GIRLS WIN - SJB 18 – SA 41**

**Varsity Record is 4 Wins + 2 Losses**